



# Rhythmic Movement Training #2

... Primitive Reflexes, Emotions & Inner Leadership

Date: June 25, 2010, 9:00 am to 5:30pm

Instructor: Carolyn Nyland

Where: Hilliard, OH

## RMT # 2 Rhythmic movements, reflexes and emotions

This 1-day course addresses how rhythmic movement training affects our emotions, how to work with movements to get in touch with our emotions and to stabilize them when they threaten to take command. It is a necessary supplement for anyone who wishes to work with rhythmic movement training. The course also deals with rhythmic training in autism. The focus for this class will be on the Moro Reflex.

Participants will experience the movements for themselves.

Pre-requisite - Rhythmic Movement #1  
[www.rhythmicmovement.com](http://www.rhythmicmovement.com)

### Who Should Attend?

Parents, physical therapists, occupational therapists, kinesiologists, teachers, parents of adopted children or children with Fetal Alcohol Syndrome, educational psychologists and anyone else who is interested in techniques to integrate reflexes.



Instructor - Carolyn Nyland  
Hilliard, OH  
[www.gobraingym.com](http://www.gobraingym.com)

Carolyn is a certified Rhythmic Movement Training Instructor/Consultant & a licensed Brain Gym® Instructor/Consultant specializing in developmental and elementary education. She realized the value of movement as a classroom teacher & holds a current teaching license. After 33 years of teaching, she continues her quest for ease of learning through movement. She has studied reflexes with several instructors around the world. Carolyn offers Brain Gym and Rhythmic Movement workshops in schools, teaches Rhythmic Movement, Brain Gym 101, Optimal Brain Organization, and works with individual clients. She serves on the Educational Kinesiology Board of Directors.

### Lodging Suggestions:

Hilliard or Dublin Hotels would be close.

Hampton Inn & Suites, 3950 Lyman Dr., Hilliard, OH

Phone: 614-334-1800 (Discount - "Brain Gym")

## REGISTRATION - Hilliard- RMT 2- June - 2010

RMT #2 \$145 if \$75 deposit is postmarked by 6/2/10; Postmarked after 6/2/10, registration is \$ 170.  
(Review fee- \$85 - Manual not included)

**\*\*Minimum number of students are required by the Early Discount Date to confirm the class dates.**

**NEW!** Sign up "On-Line" at <http://www.gobraingym.com/register> if you want to pay by credit card.

1. **Checks payable and send to:** Carolyn Nyland, 3729 Braidwood Dr., Hilliard, OH 43026 . . . 614-876-5069
2. **Send e-mail** with name, address, home/cell phone to Carolyn, [carolyn@gobraingym.com](mailto:carolyn@gobraingym.com) for confirmation & info.

**\*\*Please contact Carolyn by 6/2/10 if you are interested in graduate credit or CEUs from Ohio.**

Remainder of outstanding fees are due on 1st day of class and no refunds after 1st day of class.

Name: \_\_\_\_\_ Deposit/Full Payment \$ \_\_\_\_\_ (REVIEW)

Address \_\_\_\_\_ Phone: \_\_\_\_\_ Cell Phone \_\_\_\_\_

City/Zip \_\_\_\_\_ Email \_\_\_\_\_ (Used only for movement classes)

\_\_\_\_\_(Please initial) I understand that my deposit is non-refundable unless class is canceled by Carolyn Nyland.

\_\_\_\_\_  
Rhythmic Moment Training may be used for Brain Gym® re-licensure . (Fees apply)