



Kaleidoscope Learning Center

Brain Gym® 101

When? April 22, 23 & 24, 2010
8:30am to 5:30pm

Where? Pittsburgh, PA

Instructor, Carolyn Nyland

Carolyn is a licensed Brain Gym® & Rhythmic Movement Training Instructor/ Consultant specializing in developmental and elementary education. She realized the value of movement as a classroom teacher. After 33 years of teaching, she continues her quest for ease of learning through movement. She has studied reflexes with several instructors around the World. Carolyn offers Brain Gym workshops in schools, teaches Brain Gym 101, Rhythmic Movement, Optimal Brain Organization, and works with individual clients. She serves as a member of the Educational Kinesiology Board of Directors. Visit www.gobraingym.com for more information..

Who Should Attend?

This course is for Special Educators, Therapists, Parents, Teachers, Physical Education Teachers, and anyone else wanting to learn with ease.

Class Includes: Brain Gym® Handbook & pictures of the movements.

What Will I Learn?

- Experience 26 Brain Gym movements
- The five-step balance process
- Experience Brain Gym balances for improving seeing, listening, writing, comprehension, communication, organization and focus
- Experience Dennison Laterality Repatterning for integration of left & right sides and the Three Dimensional Repatterning for whole-body integration
- Learn Methods and techniques that can be used immediately with individuals, groups or for self
- Noticing and body awareness
- Experience balances for personal goals

What is Brain Gym®?

Brain Gym® is a program of physical activities that enhance learning ability. The activities are easy and enjoyable; they bring about rapid and often dramatic improvements in concentration, memory, reading, writing, organizing, listening, physical coordination and more. www.braingym.org

Registration, Brain Gym® 101 in Pittsburgh, PA

Register early! **Minimum number of students is required by the Early Discount Date to confirm the class dates.

\$395 if \$100 deposit is postmarked by 3/22/10. After 3/22/10., registration is \$450.

Repeat student fee is \$225. Remainder of payment due on first day of class. www.gobraingym.com

NEW! Sign up "On-Line" at <http://www.gobraingym.com/register> if you want to pay by credit card.

(or)

1. Make checks payable and send to: Carolyn Nyland; 3729 Braidwood Dr.; Hilliard, OH 43026 ((614-876-5069))

2. Send E-mail to carolyn@gobraingym.com for confirmation and class information.

Enclosed is my full payment or deposit of \$_____

Name: _____

Address _____ City/Zip _____

Phone: _____ Email _____ (Used only for movement classes)

_____(Please initial) I understand that my deposit is non-refundable unless the class is canceled by Carolyn.

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